FINDING A PROVIDER IN OUR ONLINE DIRECTORY

A step-by-step guide to use before you enroll

Search our network to find a provider in a few simple steps

Step 1

Go to **Cigna.com**, click on "Find a Doctor" at the top of the screen. Then select "Plans through your employer or school."

Not a Cigna Customer Yet?

You can still search for an in-network provider, but you'll need to select a plan first and you can't compare procedure costs.

Choose a plan type to search:

➤ Plans through your employer or school

Step 2

Choose the tab "doctor."

Find a...

DOCTOR   DENTIST   HOSPITAL, PHARMACY OR FACILITY

Step 3

Enter the location you want to search and select "Pick" to select your plan.

Find a...

DOCTOR   DENTIST   HOSPITAL, PHARMACY OR FACILITY

SEARCH LOCATION:
San Diego, CA
Use my current location

SELECT A PLAN:
PICK ▼   Medical: No Plan Selected
         Dental: No Plan Selected

LOOKING FOR: (Name, keyword, etc.)
A-Z ▼   SEARCH

Together, all the way.®

Cigna HealthCare of California, Inc.

Cigna

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Step 4

Select the correct plan.

Select "Medical Plans" and then the plan you selected.

MEDICAL PLANS   No Plan Selected
○ Remind me later

HMO
○ Cigna HealthCare of California - Southern CA Open Access Network
Full HMO plan → ○ CIGNA HealthCare of California, Inc. - So. CA HMO/Network
Select HMO plan → ○ Southern CA Select (St Joseph Hoag Health Select Plan, Scripps Select Plan, HealthCare Partners Select Plan)

LocalPlus
○ LocalPlus

OAP
OAP plan → ○ Open Access Plus, OA plus, Choice Fund OA Plus
○ Open Access Plus, OA plus, Choice Fund OA Plus **WITH** CareLink

PPO
○ PPO, Choice Fund PPO

For the Select HMO plan
If the zip code/town is not available in the HMO/Network – Southern CA Select network, enter a different location or a town within the available service areas (Orange, Los Angeles or San Diego Counties).[1]

Select "Choose" once you have made your selection.

Step 5

For the Select or Full HMO plans:

If enrolling for the first time: You will need to identify the primary care physician (PCP)[2] of your choice. Type "PCP" [2] (or Pediatrician for example) in the "Looking For" search box, or enter the name of your desired PCP.

LOOKING FOR: (Name, keyword, etc.)
A-Z ▼ | PCP |

For the Select HMO plan: You and your family have the option to select a PCP in any one of the three networks most convenient for you (HealthCare Partners, Scripps Health or St. Joseph Hoag Health). Once a PCP is selected for each covered family member, services must be received by providers in the network that the PCP is aligned to in order to be considered in-network (except in the case of an emergency).[3]

Click "Search".

LOOKING FOR: (Name, keyword, etc.)
A-Z ▼

If you are searching for an in-network provider or any type of specialist: Enter the type of provider in the "Looking For" box (ex. Chiropractic) or the name of a specialist. You can also search by selecting "A-Z" and following the prompts.

Step 6

You can additionally filter if needed.

For HMO plans and if enrolling for the first time: Take note of the PCP ID# (including any 0s), you will need to identify this when you enroll online or on the paper enrollment form. If you do not select a PCP, one will be auto-assigned.

Medical Groups
SCRIPPS COASTAL SELECT

→ PCP ID#: 0123456789

To change your PCP: If you need to change your PCP, you can do so after your plan effective date on **myCigna.com** or the myCigna App®. The change will be effective the 1st of the following month. You can do so promptly by calling **800.244.6224** and speaking to a Customer Service Advocate.

After your plan effective date, you'll have access to **myCigna.com** and the myCigna App – easy ways to manage your health plan, anytime, at home or on the go. You have the ability to estimate your health care costs, manage and track claims, learn how to live a healthier life and more.

Questions? Call **800.244.6224**

1. Plans may be limited geographically (the Select plan may not be available for all towns within a county).
2. A PCP can be selected from Internal or Family Medicine, General Practice, Pediatrics or OB-GYN. Call for more details.
3. Eligible out-of-network Emergency and Urgent Care Services (as defined in your plan documents) are covered at the in-network benefit level.